UK Health Security Agency

NHS

Have your free NHS vaccines to help you stay well this winter



If you are experiencing homelessness and sleeping outside or staying in a homeless hostel or a night shelter, you are at higher risk from infections like flu.

Help protect yourself and others

Vaccines are free and have a good safety record. They help to stop serious illness and some causes of cancer.

A FREE flu vaccine is available

The best time to have this is by the end of November, before flu typically starts to spread widely in December. But you can still have a flu vaccine later.

Other free vaccines

Your GP practice can also offer:

- Pneumonia vaccine
- missed childhood vaccines
- other vaccines depending on your health and situation



Have your vaccines at a pharmacy, GP practice or from an outreach team who offer vaccinations.

Your right to NHS treatment

- **everyone** in the UK can register with a GP
- no ID, proof of address or immigration status needed



Not sure about having your vaccines? Worried about injections or jabs?

Ask for information, and share any concerns you have with your doctor, health worker or your outreach team to help you decide.

You can take someone with you when you go for a vaccination.

Groundswell

The UK Health Security Agency looks after public health. They worked with the NHS and Groundswell Homeless health charity to make this poster. We all want to help improve the health of people who are homeless sleeping outside or using shelters and hostels.

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immunisation
Helping to protect everyone, at every age